

WHAT ASSISTANCE CAN I OFFER BEYOND MONEY?

To end homelessness, we must work together to resolve the complex issues that lead to homelessness -- behavioral and mental health; substance use and abuse; cycles of poverty; unaffordable, unsafe housing; criminalizing of survival activities rather than access to critical services. For maximum impact, we suggest meaningful engagement and service referral (see pages 2-3), as well as the following:

IN-KIND DONATION OPTIONS FOR INDIVIDUALS AND/OR LOCAL SHELTERS

Emergency shelters rely on in-kind donations to provide basic hygiene products. Here are some other in-kind donations you can consider for shelters and those on the streets:

YEAR-ROUND

- Socks & underwear
- Toiletries (toothbrush & paste, deodorant, shampoo & conditioner, razors & shave creme, body/lip moisturizer)
- Feminine hygiene products
- Non-perishable snack items
- Bus & lightrail passes

SPRING & SUMMER

- WATER, WATER, & MORE WATER
- Reuseable water bottles
- Gatorade/Powerade
- Chapstick & moisturizer
- Sun protection (hats, sunglasses, sunscreen, compact umbrella)

FALL & WINTER

- All-weather coats
- Waterproof outer gear
- Warming gear (hats, gloves & scarves, hand warmers, etc.)
- Wool socks & thermals
- Blankets & sleeping bags
- Hot food gift cards

DID YOU KNOW?
Socks & underwear are often the most needed items

GET TO KNOW THOSE EXPERIENCING HOMELESSNESS BY VOLUNTEERING

It goes without saying the best thing you can give is your time. Learn more about the obstacles faced in obtaining housing by volunteering at a local shelter or service agency.

VISIT AZHOUSINGCOALITION.ORG/MEMBERS FOR A LIST, OR START HERE:

UNITED WAY OF TUCSON & SOUTHERN ARIZONA

Working with & serving agencies working to end hunger and homelessness, United Way is a leader in volunteer coordination in Pima County.

VOLUNTEER.UNITEDWAYTUCSON.ORG

VOLUNTEER MATCH

Acting as another volunteer recruitment platform, VolunteerMatch lists a number of opportunities with local agencies.

VOLUNTEERMATCH.ORG

BE AN ADVOCATE FOR THOSE WITHOUT HOMES

If you are passionate about ending homelessness, share that passion with your family, friends, and most importantly, your elected officials.

If you have a favorite local nonprofit working to end poverty, hunger, and homelessness, share their social media pages with your social networks, and don't be shy about letting that nonprofit know how you feel about their hard work. The power of human connection is what truly brings about lasting change.

LEARN MORE AND GET INVOLVED BY VISITING AZHOUSINGCOALITION.ORG

THIS INFORMATION BROUGHT TO YOU BY:

Arizona Housing Coalition 
Speaking up for home and hope

— Proud Home of the Arizona Veterans StandDown Alliance —

141 E. PALM LANE #105 • PHOENIX, AZ
(602) 340-9393 • AZHOUSINGCOALITION.ORG

WHO IS EXPERIENCING HOMELESSNESS IN TUCSON/PIMA COUNTY?



TUCSON/PIMA COUNTY CONTINUUM OF CARE

The Tucson/Pima County Continuum of Care is one of Arizona's three Continuum of Care and is managed by the Tucson Pima Collaboration to End Homelessness (TPCH), which is a coalition of community and faith-based organizations, government entities, businesses, and individuals, including formerly homeless persons, committed to the mission of ending homelessness and addressing the issues related to homelessness in our community.

The Continuum of Care (CoC) process, which also includes the Maricopa Regional Continuum of Care as well as the Arizona Balance of State Continuum of Care, was established by the U.S. Department of Housing and Urban Development (HUD) to enable localities to apply to the federal government for McKinney-Vento Homeless Assistance Act competitive grant programs while developing local solutions to end homelessness.

For more information regarding the Tucson/Pima County CoC and work being done to prevent and end homelessness in Pima County, please visit: WWW.TPCH.NET

HOW DO WE KNOW THESE NUMBERS?

Each January, communities across the country utilize homeless service workers and hundreds of volunteers to count the individuals experiencing homelessness, both in shelters and on the streets, in what is called a Point-In-Time (PIT) Count. This data is used at the local level to help inform and fund a variety of housing programs and supportive services to aid in each person or family's housing stability.

VOLUNTEER OPPORTUNITY
YOU can volunteer for the next PIT Count!
Watch for more info as 2018 nears
PLEASE VISIT WWW.TPCH.NET

WHAT ARE THESE INDIVIDUALS EXPERIENCING?

- ➔ At least 39% of those experiencing homelessness in 2016 in Tucson/Pima County REPORT HAVING AN INCOME. But the 2017 fair market rate for a one-bedroom apartment in Pima County is \$652, still making stable housing unattainable for many low-income residents.
- ➔ Over 24% of those experiencing homelessness in January 2017 in Tucson/Pima County attributed their homelessness to DOMESTIC VIOLENCE, requiring individuals to engage and interact with multiple services and systems of care to attain and maintain safe, affordable housing.
- ➔ Exactly 50% of those experiencing homelessness in Tucson/Pima County are also dealing with a SERIOUS MENTAL ILLNESS or SUBSTANCE USE DISORDER, necessitating complex case management and supportive services in order to attain and maintain stable housing.

WHERE CAN I REFER THOSE EXPERIENCING HOMELESSNESS?

In order to better utilize community resources and create equal opportunity access to a vast array of services, anyone experiencing homelessness in Tucson/Pima County can access a wide range of service providers and supportive services by calling or visiting the following locations:



LA FRONTERA • RAPP

1101 E. Broadway Boulevard, Suite 130, Tucson, AZ 85719
OPEN: M-F; 8AM to 4PM



LA FRONTERA ARIZONA • SONORA HOUSE

2940 N. Flowing Wells Road, Tucson, AZ 85705
OPEN: M-F; 8AM to 5PM



OLD PUEBLO COMMUNITY SERVICES

MAIN OFFICE: 4501 E. 5th Street, Tucson, AZ 85711
OPEN: M-F; 8AM to 5PM



PRIMAVERA

OUR FAMILY SERVICES

2590 N. Alvernon Way, Tucson, AZ 85712
OPEN: Tues. 10AM to 1PM; Wed. 1PM to 4PM; Thurs. 10AM to 1PM
BY APPOINTMENT: Call (520) 323-1708, ext. 295, M-F between 10AM and 1PM



PRIMAVERA FOUNDATION

702 S. 6th Avenue, Tucson, AZ 85701
OPEN: Mon, Wed, Thurs, & Fri; 9AM to 12PM

SALVATION ARMY

1002 N. Main Avenue, Tucson, AZ 85705
OPEN: Tues. & Thurs.; 2PM to 5PM



SULLIVAN JACKSON EMPLOYMENT CENTER (PIMA COUNTY)

400 E. 26th Street, Tucson, AZ 85713
OPEN: M-F; 8AM to 5PM



YOUTH AGES 18-24: 24/7 SHELTER ACCESS & SAFETY

CALL SAFE PLACE: (520) 320-5122

WHAT IF SOMEONE IS IN CRISIS?

CALL NurseWise
24/7 CRISIS LINE

(866) 495-6735

(Managed by Cenpatico Integrated Care)

ADDITIONAL 24/7 MENTAL HEALTH CRISIS LINES

CODAC Community-Wide Crisis Line: (520) 622-6000
Cenpatico Crisis Intervention Peer-Operated Warm Line: (888) 404-5530

24/7 HOTLINE FOR ALCOHOL & SUBSTANCE ABUSE

Community Bridges, Inc. (CBI) Access Point & Transition: (877) 931-9142

24/7 HOTLINE FOR DOMESTIC VIOLENCE

Immediate danger? Call 911! • National Domestic Violence Hotline: (800) 799-7233

24/7 HOTLINE FOR SEX & HUMAN TRAFFICKING

Immediate danger? Call 911! • National Human Trafficking Hotline: (888) 373-7888

HOW CAN I BEST HELP THOSE EXPERIENCING HOMELESSNESS?

The only difference between you and them is that you have a safe place to call home and they currently do not. So why not treat them as you are treated and as you treat others?

• First and foremost, BE HUMAN AND TREAT OTHERS LIKE THE HUMANS THEY ARE.

• Smile, be courteous, respect boundaries, have a simple conversation -- it really IS that easy!

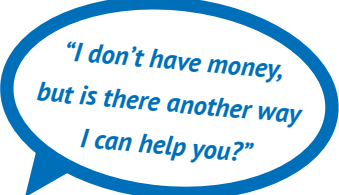
• Never offer rides in your car to someone you don't know, and never stand with anyone in a poorly lit or deserted area. If you feel unsafe, don't worry about being rude. Just leave the situation. **Your safety is top priority always!**

• Respectfully offer whatever you're comfortable giving -- the ways in which you can help can and will vary as each individual, their situation, and their needs are unique. Many people are comfortable giving money, while many are not for a variety of reasons. No matter, there are still ways to help:

• "I don't have money, but is there another way I can help you?" (*Tips on page 4*)

• Be aware of housing & homeless services in Phoenix and where to refer (*See page 2*)

• **BE THE KIND FACE TO BRIGHTEN THEIR DAY.**



THINGS TO REMEMBER FOR THOSE WITH SERIOUS MENTAL ILLNESS

BE RESPECTFUL TO THE PERSON

When someone feels respected and heard, they are more likely to return respect, and are more open to what you have to say and taking the suggested or desired action.

ACKNOWLEDGE THEIR EXPERIENCE WITH HALLUCINATIONS OR DELUSIONS

If they are experiencing hallucinations, be aware that those hallucinations or delusions are their reality -- you will not likely talk them out of this perceived reality. Communicate that you understand they are seeing or hearing something, but **do not** pretend that you are experiencing the same as this could have very serious unintended consequences.

PARANOIA MAY BE PROMINENT, AND THAT'S OKAY

Some people with paranoia may be frightened, so be aware that they may need more personal body space than you to feel safe and comfortable.

AVOID MAKING DAMAGING ASSUMPTIONS

Never assume they are not smart and will believe anything you tell them. Mental illness has **nothing** to do with level of intelligence.

DO NOT LIE OR MISLEAD

Do not lie -- it will usually break any rapport you might want to establish. If needed, set limits with the person. For example, "I only have five minutes to talk with you."

PANHANDLING ≠ HOMELESSNESS

There is often a perception that panhandlers must be homeless, though this is not always the case. Unfortunately, "professional" panhandling by those who have a home often further perpetuates many stereotypes of begging and homelessness. For this reason, we highly encourage substantive engagement and service referrals (*See pg. 2*), as well as non-monetary ways to assist those experiencing homelessness, such as toiletries, socks & underwear, water bottles, non-perishable snack items, etc. (*See page 4 for more tips*).

